

Certificate of Course Accuracy



South of England **Course Number : 16/198**

Race Name : Southend 3K

Course Name : Southend 3K

County : Essex

Distance : 3Km

Date of Race : 2 Oct 2016

Measured : 15 May 2016 By : C Hopkins

Promoter : Southend-on-Sea A.C

Drop : -

Separation : -

IAAF limits for record times are - Drop: 1 m/km; Separation: 50%

Roads are traffic free with all side roads closed.

This is to certify that the length of the above road race has been accurately measured by an accredited Course Measurer using IAAF procedures approved for use in the UK. A complete record of the measurement is held by the Area Measurement Secretary. The measurement remains valid for 10 years provided no changes are made to the course. The start/finish and the route must be set out **EXACTLY** as defined in the measurement report. Any modification will need to be measured for a new certificate.

Signed: *Mike Sandford*

Area Measurement Secretary - South of England

Date: **21 May 2016**

NOTES

1. This Certificate of Course Accuracy is valid only for the race held on the date or dates specified.
2. The race director must consult the measurement report and lay out the course exactly as described by the measurer.
3. If there are changes to the start/finish, the route, the section of road/pavement available to runners, or the marshalling on corners then a measurer must be contacted in good time so that he can make any remeasurement/adjustments which are necessary. In the event of changes a new Certificate of Course Accuracy will then be issued after receipt of the course measurer's report.
4. If the course is EXACTLY the same then this Certificate may be renewed for subsequent races up to 10 years after the original measurement. To renew this Certificate for a subsequent race, go to coursemeasurement.org.uk/renew and enter the course number for the measurement area South: 16198

and the following unique renewal code for this course number: 4h0369

4 = four
h = hotel
0 = zero
3 = three
6 = six
9 = nine

Contact the Area Measurement Secretary for the South of England:

Mike Sandford, 22 Stevenson Dr., Abingdon, Oxon, OX14 1SN. Tel: 01235 532207

Email: m.sandford@lineone.net

The SOUTH MEASUREMENT AREA covers courses in the following counties:

Beds, Berks, Bucks, Cambs, Cornwall, Devon, Dorset, Essex, Guernsey, Hants, Herts, IOW, Jersey, Kent, London, Middx, Norfolk, Oxon, Somerset, Suffolk, Surrey, Sussex, Wilts. This is the area formerly governed by the SEAA.

Issued to race director:

**M. Gillard
140, Flemming Avenue,
Leigh-on Sea
Essex SS9 3AX**