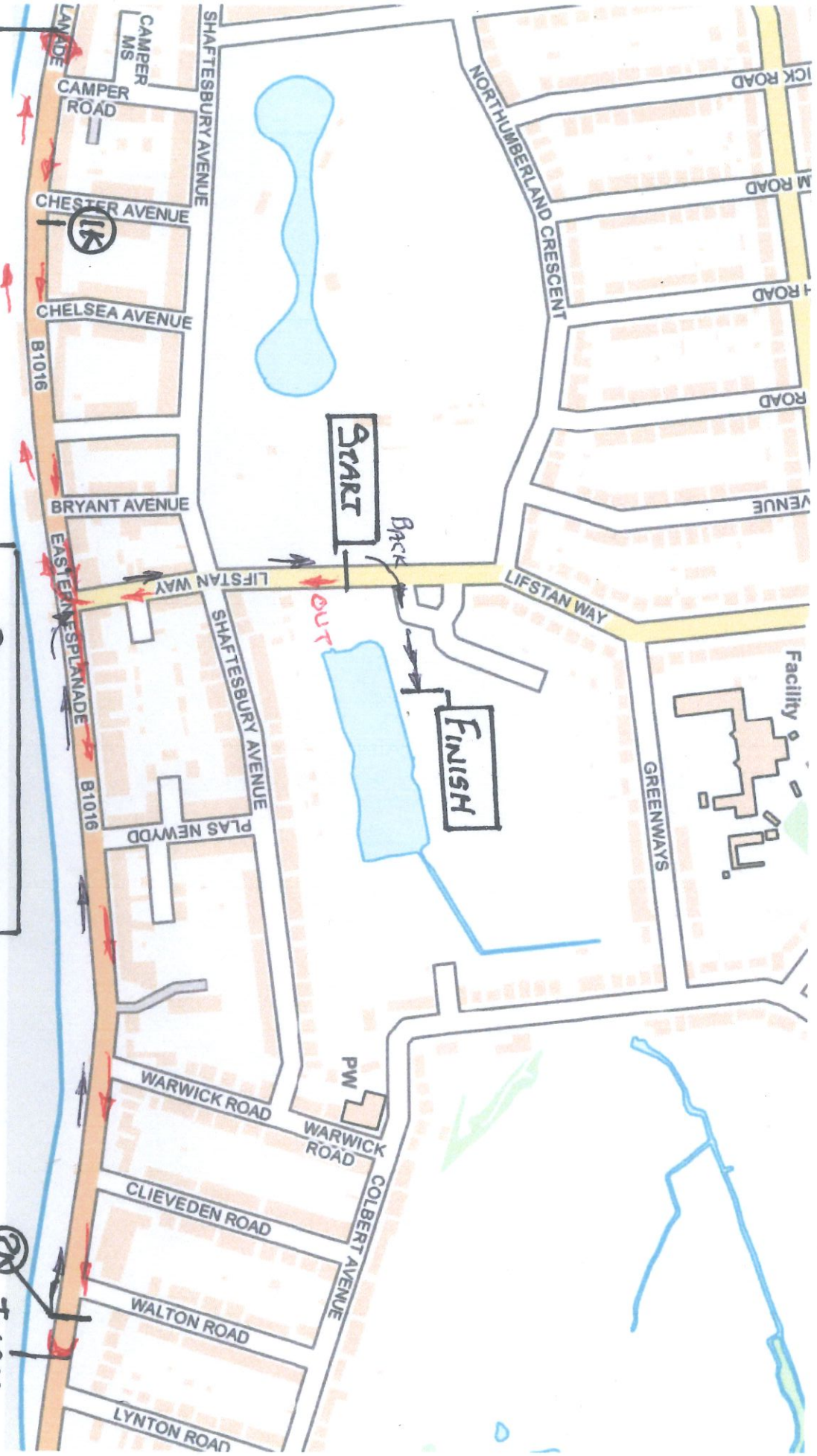


TURN



**SOUTHEND 3K**  
COURSE MAP  
 Route Out  
 Route Back